

No.J.12019/17/2021-DC(KZL)/VOL-IX
OFFICE OF THE DEPUTY COMMISSIONER
KHAWZAWL DISTRICT : KHAWZAWL

Khawzawl, the 27th January, 2021

INKHAWM CHUNGCHANGA HRIATTIRNA

Mizoram sawrkar thuchhuak Order No.B.1302I/101/2020-DMR/Vol-III dated 27.01.2021 angin Sakhaw biakna in te chu 01.02.2021 atangin inkhawm nan hawn theih a ni a. Khawzawl District chhunga inkhawmnaah chuan a hnuiaia kaihhruainate hi zawm vek tur a ni e:

1. Sakhaw biakna inah te chuan tum khatah mihring leng zat 50% aia tam punkhawm loh tur a ni.
2. Zan lama inkhawm chu khap rih a ni.
3. Inkawm zawng zawngin face mask vuak theuh tur a ni.
4. Inkawm chhungin zai loh tur a ni.
5. Chil per tih tlem nan Sande Sikul chu pawla inthen lovin pulpit atangin emaw khaikhawm mai nise.
6. Zing tawngtai inkhawm chu mi 50 aia tam lovin la kalpui chhunzawm a ni ang.

Tin, sakhaw biakna hmunah te hian COVID-19 inkaidarh a nih loh nana invenna tura inkaihhruaina (SOP) siamte chu thil tel a ni a, tha taka zawm anih theih nan Kohhran tin ten '**SOP Implementation Committee**' an ruat ang.

Sd/- ZOTHANMAWIA
Deputy Commissioner
&
Chairman
District Level Task Force on Covid-19
Khawzawl District, Khawzawl

Memo No.J.12019/17/2021-DC(KZL)/VOL-IX : Khawzawl, the 27th Jan., 2021

Copy to:

1. PS to Hon'ble Deputy Chief Minister, Mizoram.
2. Sr. PPS to Chief Secretary, Government of Mizoram.
3. Secretary to the Govt. of Mizoram, DM&R/Home Department.
4. All Deputy Commissioners, Mizoram
5. Superintendent of Police, Khawzawl District for information and necessary action.
6. DIPRO, Champhai for favour of wide publicity.
7. All Covid-19 Zonal Officers, Khawzawl District.
8. All Chairman, Village Level Task Force – He thupek hi tlangau hmanga an veng/khua theuha lo puangzar turin.
9. Editors, Si-Ar leh Khawzawl Times for favour of wide publicity.
10. Website Manager, DC office for uploading on the website.
11. Office Copy.


Deputy Commissioner

27.1.21

&

Chairman

District Level Task Force on Covid-19

Khawzawl District, Khawzawl

MIPUI PUNKHAWMNA HMUN-A COVID-19 INKAIDARH A NIH LOH NANA INVENNA ATANA ZAWM TUR KAIHHRUAINA (SOP)

1. Thlirna

Inneihna, pawl thila inhmuhkhawmna, Pathian biaa inkhawmna leh mipui punkhawmna *function* neihna hmunahte hian Covid-19 inkai darh a nih loh nan social distancing leh invenna dangte ken kawh a tul tak zet a ni.

2. A huam chin

He kaihhruaina hian hmun ḫhenkhata Covid-19 darh tur ven nana kalphung siam bik bakah vantlang zawm tura duante a pho chhuak a ni.

3. Mipui vantlangin an zawm tur invenna te

Kum 65 chunglam, *comorbidity* (natna khirh/ inkai chhawn awl pakhat aia tam vei kawp) nei te, nau pai lai te leh naupang kum 10 hnuai lam te chu ṭul bik thil leh hriselna chungchang vanga chhuah ngai a nih loh chuan ina awm tura thurawn an ni a, a theih chin chinah hetiang mipui punkhawmnaah hian tel ve loh tur a ni. Hei hi sakhaw biakna hmun enkawltute hrilhhriat tur a ni.

4. Mipui punkhawmna hmunahte hian heng inkaihhruaina dante hi lekkawh tur

- i. A luhnaah kut tih faina (*sanitizer dispenser*) leh khawsik enna dah ngei ngei tur a ni.
- ii. Natna kai awma lang lote chauh luhtir tur a ni.
- iii. *Face mask* vuahte chauh luhtir tur a ni.
- iv. COVID-19 laka him theihna tura siam *poster/ standee/ AV media*-te chu langsar deuha tar lan tur.
- v. A theih chin chinah kal khawmte chu ḫhen darh tur.
- vi. Motor *park-na* leh punkhawmna hmun/sakhaw biakna hmun/hall adt. kawtah te mipui che vel mumal taka kaihhruai tur a ni a, *social distancing* dan zam te an zawm vek tur a ni.
- vii. Ei/in tur siam emaw sem emaw a ngai a nih chuan a theih chin chinah mimal ei tur pack fel se thlapa sem tur a ni a, plate/no/fian adt. inṭawm tura ruahman loh tur. Tin, ei/in siam lai leh ei/in lain engtik lai pawhin *social distancing* dan zamte zawm tur a ni.
- viii. *Social distancing* vawn ḫhat a nih theih nan punkhawmna hmun/sakhaw biakna hmun/hall adt. chhehvelah intlar a ngaih chuan dan anga ruahman sa dinna tur bik chhinchhiahna siam ḫhin tur a ni.
- ix. A hrana luhna leh chhuahna siam tur a ni.

- x. Punkhawmna hmun/Sakhaw biakna hmun/hall adt. Luh dawnah a tlem berah feet 6 aia hnai lova indawta intlar ̄thin tur a ni.
- xi. Punkhawmna hmun/Sakhaw biakna hmun/hall adt. Luh dawnah an kut leh ke (pheikhawk phelh a ngai a nih chuan) te fai takin an sil tur a ni.
- xii. Social distancing vawn ̄that a nih theih dan ber turin ̄thut dan ruahman tur a ni.
- xiii. *Air-conditioning/ ventilation* hman a nih chuan CPWD kaihhruaina siamte zawm tur a ni. Chu kaihhruaina chuan, "Air conditioning khawlte temperature chu 24°-30°C a ni tur a ni a, relative humidity chu 40-70% a ni tur a ni," a ti a; "**Boruak thianghlim lut chu a tam thei ang ber a ni tur a nih bakah cross ventilation pawh ̄thahnem tawk tak a awm tur a ni,**" tiin a sawi bawk.
- xiv. Punkhawmna hmun/Sakhaw biakna hmun chhung leh a chhehvela lehkhabu, milim, lehkhabu thianghlim adt. chu khawih loh tur a ni.
- xv. Hmun khata mipui tam tak inhawr khawm khap tur a ni.
- xvi. Inkaichhawn a awm zel loh nan hla sak leh zaipawl zaite phal a ni lo va; amaherawhchu, hla emaw rimawi thun sa (*pre-recorded*) te chu tih rik phal a ni thung ang.
- xvii. Taksa insia chibai inbuk loh tur.
- xviii. Pathian biakna hmuna ̄thinghi-a ̄tawngtai hunin mahni ̄tawngtai nan mahni pher/ puan ken ̄theuh tur a ni a, hawn leh zel tur a ni a. Midang nena intawm loh tur a ni.
- xix. Coupon leh pawisa inhlans bakah sakhuana hmuna thilpek inhlans, thawh lawm inhlans leh puithiam/ rawngbawltute hnen atanga thilpek dawn, entir nan prasad sem/ tui thianghlim sem adt. ang chite tih loh tur a ni.
- xx. Heng hmunah te hian a bikin hrisel nana invawn thianghlim hna (*sanitation*)-te uluk leh ngun lehzual zawka thawh ̄thin tur - intiarna, tui inna leh kut/ ke silna hmunahte.
- xxi. Punkhawmna hmun/Sakhaw biakna hmun/hall adt. leh a chhehvelte chu zing taka tihfai leh thenfai hna thawh tur a ni.
- xxii. Punkhawmna hmun/Sakhaw biakna hmun/hall adt. chhuatte chu vawi tam tak tihfai ̄thin tur a ni.
- xxiii. Mipui pungkhawm leh a hmun enkawlte hman hnu *face mask* leh kutkawr te chu simkhur taka tihral tur a ni.