



# COVID - 19 SOP (30.09.2021) A TIHDANGLAM LANGSAR ZUALTE

1.

Sl.No.	Dawr	Restricted Area	Hmun dangah
1	Damdawi dawr	A tul dan a zirin VLTF ten rem an ruat ang	Nitin hawn theih
2	Dawr dang eichawp dawr, bazar, workshop etc.		Nitin (6:00 am - 5:00 pm)

2. **Restricted Area ni lo hmundangah chuan a hnuaia tarlante hi phal a ni.**

- i) **Sports practice leh Zing exercise ( walk, tlan, cycling etc.)**
- ii) **Hmasawinna hnathawh hrang hrang (mimal leh sawrkar), lo leh huan, ran vulh (farm), sangha dil adt.**
- iii) **Public Park leh Picnic Spot. Zing dar 9:00 atanga tlai dar 5:00 thleng Tumkhatah mi 25 aia tam awm phal a ni lo.**
- iv) **Phai leh Mizoram hmun dang atanga bungraw lo thleng unload chu zan dar 5:00 leh zing dar 6:00 inkarah phal a ni. Hemi hunchhung piahlam, laklawh bik thilah chuan VLTF te phalna lak hmasak tur a ni.**
- v) **Gym hawn phal a ni.**
- vi) **Zing tawngtai inkhawm Biakina leng zat (capacity) 50% aia tam lo.**
- vii) **SOP-a inkaihhraina zawm chungin Kohhran Rorel Inkhawm chu chhun lamah phal a ni.**
- viii) **VLTF ten District Education Officer kaltlangin Deputy Commissioner hnenah school hawn dilna an thlen thei ang.**
- ix) **Mipui punkhawm - birthday leh anniversary lawmna, book release, lungphun leh intihhlamna dang te, chhungkua/mi mal eizawinna kaihhnawih ni lo a huhova pawncchuah (lui kal, ramhnuaia picnic, hiking, adventure sports adt.) te chu mi 25 aia tam lo tan phal a ni. heng hunachte hian ei in sem phal a ni lo.**

3. **Covid - 19 Executive Duty chu October ni 1, 2021 atangin thu leh awm hma tihtawp a ni.**

